

Wednesday.....	<i>A Collect for Protection</i>
Thursday	<i>A Collect for the Presence of Christ</i>
Friday.....	<i>A Collect for Fridays</i>
Saturday.....	<i>A Collect for Saturdays</i>
Prayer for Mission.....	BCP 124-125
Sunday	“O God and Father of all”
Monday, Thursday.....	“Keep watch, dear Lord”
Tuesday, Friday.....	“O God and Father of all”
Wednesday, Saturday	“O God, you manifest”

Intercessions and thanksgivings may be offered at this time

Optional concluding prayers	
The General Thanksgiving.....	BCP 125
A Prayer of St. Chrysostom.....	BCP 126
“Let us bless the Lord”	BCP 126
Closing sentences	BCP 126

Helpful Books

Book of Common Prayer
The Daily Office Book
The Contemporary Office Book
Book of Common Prayer/NRSV Bible Combination

Holy Women, Holy Men: Celebrating the Saints
Howard Galley, *Morning and Evening Prayer*
Howard Galley, *The Prayer Book Office*
Frank T. Griswold, *Praying our Days: A Guide and Companion*
Frank Tedeschi, ed. *40 Days: The Daily Office for Lent*
Frank Tedeschi, ed. *The Great 50 Days: The Daily Office from Easter to Pentecost*

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Revised Trinity 2012

Praying the Daily Offices according to the *Book of Common Prayer*

First, mark these pages with a ribbon or bookmark

Daily Morning Prayer, Rite Two.....	BCP 80
Daily Evening Prayer, Rite Two	BCP 116
Table of Canticles.....	BCP 144
The Collects for the Church Year	BCP 211
The Psalter.....	BCP 585
Prayers and Thanksgivings.....	BCP 814
The Daily Office Lectionary.....	BCP 936

Navigating the Lectionary

The Daily Office Lectionary is a two-year cycle of readings in the course of which the Old Testament is read once, the New Testament twice, and the Psalter every seven weeks.

Year One begins the Advent before odd-numbered years (e.g. Advent 2010 for the year 2011); Year Two before even-numbered years.

Week of 1 Advent			
<i>Sunday</i>	146, 147 Isa. 1:1-9	❖ 2 Pet. 3:1-10	111, 112, 113 Matt. 25:1-13
<i>Monday</i>	1, 2, 3 Isa. 1:10-20	❖ 1 Thess. 1:1-10	4, 7 Luke 20:1-8

Proper numbers

The Proper to be used on each of the Sundays after Pentecost (except for Trinity Sunday) is determined by the calendar date of that Sunday. For example, in 2012, the Second Sunday after Pentecost is on June 10, which corresponds to Proper 5.

Proper 8 <i>Week of the Sunday closest to June 29</i>			
<i>Monday</i>	106:1-8 1 Sam. 10:17-27	❖ Acts 7:44—8:1a	106:19-48 Luke 22:52-62

Morning Prayer

Invitatory and Psalter

Opening SentenceBCP 80

✠ *It is customary to make a sign of the cross over the lips as you say the sentence.*

Use the seasonal antiphons with *Venite* or *Jubilate Deo* throughout the year.

Use the canticle *Pascha Nostrum* daily during Easter Season. The antiphon is said before and after the canticle.

Read the psalms as appointed.

Say the *Gloria Patri* after the last psalm:

*Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.*

The Lessons

Read the lessons as appointed, following each lesson with a canticle as listed in the table on BCP 144 or as you choose.

First Lesson: Old Testament

First Cantic: *See table*

Second Lesson: Epistle (Year One) or Gospel (Year Two)

Second Cantic: *See table*

The Apostles' CreedBCP 96

The Prayers

You may omit the sentence "The Lord be with you" if you are praying the Office alone.

The Lord's PrayerBCP 97

Suffrages BCP 97, 98

Say Suffrages A most of the time; Suffrages B come from the *Te Deum*, so use them when you use that canticle.

Collect of the Day BCP 211ff

Use the collect for Sunday throughout the following week, or use the collect for the saint's day.

Collect of the Day of the WeekBCP 98-100

Sunday *A Collect for Sundays*

Monday *A Collect for the Renewal of Life*

Tuesday *A Collect for Peace*

Wednesday *A Collect for Grace*

Thursday *A Collect for Guidance*

Friday *A Collect for Fridays*

Saturday *A Collect for Saturdays*

Prayer for MissionBCP 100-101

Sunday "O God, you have made of one blood"

Monday, Wednesday "Almighty and everlasting God"

Tue, Thu, Sat "O God, you have made of one blood"

Friday "Lord Jesus Christ, you stretched out your arms of love"

Intercessions and thanksgivings may be offered at this time

Optional concluding prayers

The General Thanksgiving BCP 101

A Prayer of St. Chrysostom BCP 102

"Let us bless the Lord" BCP 102

Closing sentences BCP 102

Evening Prayer

Confession of Sin BCP 116

Invitatory and Psalter

Opening Sentence BCP 117

✠ *It is customary to make a full sign of the cross as you say the sentence.*

The invitatory at Evening Prayer is the *Phos hilaron*

Read the psalms as appointed.

Say the *Gloria Patri* after the last psalm:

*Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.*

The Lessons

Read the lesson as appointed.

Lesson: Gospel (Year One) or Epistle (Year Two)

Cantic: *Magnificat* or *Nunc dimittis* BCP 119, 120

The Apostles' Creed BCP 120

The Prayers

You may omit the sentence "The Lord be with you" if you are praying the Office alone.

The Lord's Prayer BCP 121

Suffrages BCP 121, 122

Use Suffrages A most of the time; Suffrages B is especially suitable when praying the Office with others.

Collect of the Day BCP 211ff

Use the collect for Sunday throughout the following week, or use the collect for the saint's day.

Collect of the Day of the Week BCP 123-124

Sunday *A Collect for Sundays*

Monday *A Collect for Peace*

Tuesday *A Collect for Aid against Perils*